

Selecting a Dental Provider

- 1) You can search for a Dentist in the MetLife network by
 - a. www.metlife.com/MyBenefits - Employee must be registered to access website, or
 - b. www.metlife.com – General website for finding a dental provider (see below)

The screenshot shows the MetLife website's navigation bar with links for Home, Insurance, Investments, Planning, Retirement, Employee Benefits, and Life Advice. The main content area features a 'TERM LIFE INSURANCE' banner with a 'GET INSTANT QUOTE' button. To the right is a 'Manage Your Account' section with a 'Find a Dentist' link highlighted in green. Below this is a search form with a zip code field (00010) and a network dropdown menu showing 'PDP Plus' selected. A red arrow points from the 'GET INSTANT QUOTE' button to the 'Find a Dentist' link, and another red arrow points from the 'PDP Plus' option in the dropdown menu to the 'GET INSTANT QUOTE' button.

- 2) Click the Find a Dentist
- 3) Enter your Zip Code, select PDP Plus from the dropdown, click on go

The screenshot shows the 'Find a Dentist' search results page. The search criteria are: City and State (empty), Zip Code (10001), Network Type (PDP Plus), Specialty (All), and Only show offices within (30 miles). The search results show 12553 dentists found. The first result is for NINAN KIANI, located at 14 PENN PLAZA, NEW YORK, NY 10122. The address is 14 PENN PLAZA, NEW YORK, NY 10122. The education is New York University, and the specialty is General and Family Dentistry. The telephone number is 212 279 8770. A 'Driving Directions' button is provided for this result. A map on the right shows the location of the dentist in Manhattan, New York City, with a red pin and a distance of 0.3 miles.

4) The next screen will display a listing of the dentist is your area by zip code. You can customize your search by Dentist's last name, practice, and specialty.

Results not what you're looking for? Try your search again:

Network Type*
Select your Network Type: PDP [?](#)
 PDP Plus [?](#)
 Dental HMO/Managed Care[^] [?](#)
 TRICARE OCOIUS Preferred Dentists [?](#)
 Federal Dental (FEDVIP) [?](#)

Location*
Enter your ZIP code and select your search radius
 30 miles [v](#)
 Search by your address

More Search Options

Dentist Last Name:	<input type="text"/>	Dental Practice Name:	<input type="text"/>
Language Spoken in Office:	Select a Language v	Gender:	No Preference v
Specialty:	All v	Sort By:	Distance v
Have Special Needs?	<input type="checkbox"/> ?	Only show office accepting new patients?	<input checked="" type="checkbox"/>

Search

5) When making your appointment, please verify that the dentist participates in the MetLife PDP Plus Dental plan.